



Café menu for Jan. 22-28

- Sunday:** *Dinner-* Mock Turkey Casserole,
Mashed Potato & Gravy, Peas
- Monday:** *Lunch-* Veggie Chicken Nuggets,
Macaroni & Cheese, Mixed Veg.
Dinner- Pigs-in-a-Blanket, Hot Dogs,
Potato Smiles, Carrots
- Tuesday:** *Lunch -* Breaded Scallops, Yams, Baked Potato,
Squash & Zucchini, Dinner Roll
*Dinner -*Tacos, Fiesta Rice, Corn, Mexican Salad
- Wednesday:** *Lunch -* Whole Wheat Spaghetti w/ Marinara or
Alfredo Sauce, Homemade Meatballs,
Cheese Breadsticks, Fried Okra
Dinner - Veggie Hamburgers, French Fries,
Carrots & Peas
- Thursday:** *Lunch -* Cheese & Veggie Chicken Quesadillas,
Rice, Plantains, Key West Vegetables
Dinner- Beef Noodle Stroganoff,
Savory Beef Tips, Green Beans
- Friday:** *Lunch -* Cheese Pizza, Veggie Beef-a-Roni,
Key West Vegetables
Dinner - Veggie Chicken Pattie,
Black Beans & Rice, Mixed Vegetables
- Sabbath:** *Lunch-* Swiss Steak, Mashed Potato & Gravy,
Caribbean Vegetables, Salad, Dinner Roll,
Dessert, Juice
Dinner- Cheese Lassagna, Spaghetti, Caesar Salad,
Breadstick, Dessert-Fruit Cocktail, Punch