

Panther Pause



November 5-7, 2010
Sunset 6:38p

Nov 5

11:50a Chapel
7:30p Vespers, Campus Chapel

Nov 6

9:50a Worship Service, FL Church
2:00p Florida Living Nursing Center
6:30p Freshmen Class Party
6:15p Junior Class Party
7:00p Senior Class Prop Party

Nov 7

7:45a SAT

AFTER HOURS SPORTS SCHEDULE:

Come and Join in the Fun! Enter gym at double doors by Mrs. Ritterskamp's office.

Tues 11/9 Coed Football Classics 3rd & 4th place

Wed 11/10 Coed Football Classics 1st & 2nd place

Thurs 11/11 Open Gym

Volleyball, Basketball, Workout Room

JV AND VARSITY BASKETBALL PLAYERS

Your paper work and money is due ASAP. You will not be allowed to play or be a member of the team if this is not in on time.

FRESHMEN CLASS PARTY

Saturday Night Nov. 6, 6:30pm - 9:30 pm at the FLA Campus Outdoor Chapel (behind motel / to the right of the ball field). We're having worship, food and games. The cost is \$3.00 per person to be paid to the business office by noon on Friday, Nov. 5.

COMMUNITY SERVICE OPPORTUNITY

FLEC is looking for students needing community service hours to volunteer for the fall festival this Sunday 11/7/2010. If you are interested please call Lori Hernandez at 407-334-6304.

EUROPE TRIP UPDATE

Euro-American Tours is happy to announce that due to favorable exchange rates, etc., that the Europe trip is \$100 less than before. The cash price is now \$2490 plus airport taxes. If you send your \$500 down payment by December 3, you can still qualify for the free ticket for the Eiffel Tower. See Mr. Patrick for applications.

SPIRIT WEEK

Monday Nerd Day

Tuesday Twin Day

Wednesday Class Color Day

12:00 Gym Tug a war...

Thursday Wacky Tacky Day

12:00 Gym Tug of war...

Friday School Spirit Day (blue & white)

Pep Rally in the Gym

VARSITY SOCCER TEAM

Return you Soccer Uniform to Coach Yarbrough ASAP!!!! Also, turn in your money that is due for the Walla Walla Trip.



Forest Lake Academy

Educating Today for Eternity



Café menu Nov 7th to Nov 13th

FLA CAFÉ

Sunday: D- Vegetable Fried Rice, Egg Rolls, Oriental Vegetables, Salad

Monday: L- Chicken Enchilada, Fiesta Rice, Plantain, Southwestern Corn

D- Chick Tenders, Mac and Cheese, French Fries

Tuesday: L- Spinach Cutlet, Garlic Mashed Potatoes, Green Beans, Dinner Rolls

D- Corn Dogs, Veggie Sandwich, Pasta, Vegetables

Wednesday: L- Spaghetti, Eggplant Parmesan, Bread Stick, Nut Ball, Steamed Broccoli

D- Haystack and Baked Potatoes

Thursday: L- “Thanksgiving Lunch”

Stuffed Turkey, Mashed Potatoes, Gravy, Dinner Roll

Green Bean Casserole, Candy Sweet Potatoes

D- Chix Patty, Black Bean Stew, Rice, Veggies

Friday: L- Cheese Pizza, Wheat Spaghetti, Veggies

D- Hot Dog, Baked Beans, Cheese Sauce and Chips

Sabbath: L- Herb Loaf, Scalloped Potatoes, Veggies, Salad

D- Cheese Lasagna, Caesar Salad, Bread Stick

